



Products

A high quality skincare regime will nourish your skin and protect it from further damage. We offer select, cruelty-free skincare products, mineral makeup, and nutritional supplements to help keep your skin looking its best ever. Stop by the clinic, or visit our online store at www.vidaskincare.com.

Staff & Equipment

Our providers are qualified medical professionals with ongoing training in aesthetic medicine. Katie Porter, RN, performs the majority of treatments, supervised by Dr. Evelin Dacker. To round out our holistic approach, consultations are available with our naturopathic physician and registered dietitians.

The high-powered, fast, and effective Sciton Profile system employs state-of-the-art medical laser technology. The option of laser or intense pulsed light provides safe treatment for all skin types and colors.

The Vida Philosophy

We're not anti-aging, we're "pro-thrive"—at every age. We're here to help you to be the best that you can be. If that means eliminating something that you're self-conscious about, providing you with the freedom to spend your time on something other than hair removal, or rejuvenating your skin to reveal its hidden beauty—then we've done our job. Simply put, we want you to feel great in your own skin!

VIDA AESTHETIC MEDICINE
374 Owens St. SE, Suite 100
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503-399-0021
www.vidaskincare.com



**Vida
Aesthetic
Medicine**

Life



Laser Skincare with a Holistic Touch

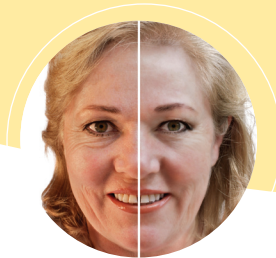


Vida means Life in Spanish.

I invite you to live your life to its fullest and healthiest with the help of our unique combination of integrative and aesthetic medicine. I chose to add aesthetic skincare services to my practice because so many people with spider veins, sun damage, acne, or excess hair, simply didn't know what treatment options were available, or where to go to discuss them. I'm delighted to be able to offer medically-supervised services that people can trust to be safe and effective.

The renewed self-confidence that healthy, radiant skin brings can have you glowing on the inside too. I believe that anything that helps you feel positive—whether it is exercising, eating well, a spiritual practice, or laser skin rejuvenation—will improve your overall state of wellbeing.

Evelin Dacker, MD



Skin Rejuvenation

There's nothing more beautiful than a woman who's comfortable in her own skin. Laser skin rejuvenation can even out skin tones and eliminate sun spots, age spots, and rosacea. Photorejuvenation encourages collagen regrowth, giving your skin a firmer, more toned appearance. It may also put an extra spring into your step, because when you love how you look, it can change how you feel!

Hair Removal

Say goodbye to time-consuming shaving, waxing, and plucking. Say hello to smooth skin, free from ingrown hairs, stubble, and nicks. We treat all hair on both women and men, including arms, legs, back, chest, bikini area, and facial hair.

Vein Treatments

Have the confidence to wear whatever you want without worry—today. Spider veins can occur just about anywhere on the body, but are particularly common on the legs, arms, chest and face. Clients can begin to see results after just one treatment.

Acne Treatments

Whether you're experiencing acne as a teen or as an adult, we know how it can impact your self-esteem. We offer a variety of proven, effective therapies, including laser, chemical peels, prescription medication, and skin hygiene programs.

Mesotherapy/Lipodissolve

Despite our best efforts to "get in shape" by exercising regularly and eating healthy, some fat and cellulite deposits may stubbornly persist. With cosmetic mesotherapy, a homeopathic solution is injected into the subcutaneous fat layer to dissolve fat while establishing body contours and decreasing weight. Mesotherapy works well for body sculpting because it's applied directly at target areas such as arms, stomach, waist, hips, or legs.

Botox®/ Dermal Fillers

Achieve a naturally more vibrant appearance, and look great for your age, without looking like you've just had a procedure. If you've dismissed Botox®, and fillers such as Juvederm®, as too "Hollywood," you may be surprised at how some subtle changes can make a significant difference in the way you feel about your looks.

Bio-Identical Hormones

Face midlife afresh instead of aflush! Bioidentical hormones can bring relief from many of the symptoms associated with age-related hormonal changes, depression and stress. You can have a more natural approach without the side effects of pharmaceutical medications. We offer services by both a Medical Doctor and a Naturopathic Doctor.

Nutritional Medicine

Once you have your skin looking fabulous, you'll want to make sure it stays that way. This is the perfect time to take care of the whole you. Our registered dietitians can design a custom plan to get you on the fast track to healthy eating.